**Joseph’s Miracle Run: There’s an app for that!**

On August 3, the Joseph Smith Sr. Family Association will celebrate the 1st miracle of the restoration with **Joseph’s Miracle Run**; a 5K run at *This is the Place Heritage Park* in Salt Lake City. The public is invited to run or donate. Proceeds will fund a scholarship in Joseph’s name to Dartmouth Medical School, founded by Dr. Nathan Smith. For more info visit:
[www.JosephsMiracleRun.com](http://www.JosephsMiracleRun.com)

Joseph's Miracle Run is coming up fast—on August 3rd. Have you thought about training to run it? It's only 5 kilometers, which kind of seems like a lot if you're not used to running regularly. If you just got out there and started to run, it's doubtful that you'd be able to make it the entire 5 kilometers without stopping, but if you started training now, you'd make it.

And just how should you train? What is the most effective way? If you wanted to know you'd consult an expert. A teacher. A trainer. Someone who knows how to get from the point where your exercise consists of walking from the couch to the fridge to the point where you can jog for 30 minutes without stopping. And, in fact, there's an App for that: Couch to 5K.

What if, instead of running the 5K Joseph's Miracle Run, you wanted to be a doctor? Would you just walk out the door and start performing medical procedures? Or even assisting in medical procedures? No. You'd go to school, for years and years to learn.

But, if it's 200 years ago and you wanted to be a doctor, you would go for it in much the same method that people learn to run 5k now. You'd go out and start and with the help of a coach here and there, figure it out. At least that's how Dr. Nathan Smith did it. He began assisting with amputations at the age of 22, without any formal medical training. (Medical students no longer start hacking off limbs in their first week of study.)

Dr. Smith studied and trained with various doctors, and traveled to London to learn in a more formal manner, but rather than just taking his knowledge and using it for himself and his patients, he became determined to make the path easier. He wanted to make the 18th century version of an app for that. And because iPhones didn't exist, he had to open a medical school, which today operates at Dartmouth College.

For 13 years, Dr. Smith operated it as a start up—minus the venture capitalist support. He received no salary, other than what he could get from his own medical practice and small amounts of tuition from his students. But, the venture paid off, and his efforts paved the way for a world class medical school. His sacrifices and work allowed people to be trained properly, so that they could confidently practice medicine and help people.

In addition to pioneering efforts in medical education, Dr. Smith pioneered medicine. He developed a surgery technique that allowed him to save the leg, and perhaps life, of a young boy named Joseph Smith. Joseph's leg had become infected due to a bad case of Typhoid fever, which settled in his leg bone. Before Dr. Smith the treatment for that was amputation, a rather crude operation which was over in minutes, although the pain and chance for infection lasted much longer.

Dr. Smith's technique allowed the young Joseph Smith to recover and run again. That operation was 200 years ago. As a remembrance to the efforts of Dr. Smith and all that he did for medicine, The Joseph Smith Sr Family Association is hosting Joseph's Miracle Run is raising money to help another aspiring doctor pay for medical education. Because until someone develops an App for that, Dartmouth Medical School is the best we have for that.